

# Practice Guideline on Child Development – Section 1

## Pause and reflect about children as capable and active citizens

As an RECE, you know childhood is not merely preparation for a time when children will become citizens in adulthood – they are valuable, active citizens now. As part of your own self-reflection or with colleagues, think about your own experiences and how these might influence your practice. Consider how you enhance children’s well-being today, which works toward promoting positive futures.

Think about children’s rights and your image of the child	Related resources to support your reflection and practice
<p>Reflect on your image of the child as a capable and active citizen.</p> <p>Consider the interrelated relationships among your beliefs and biases and your image of:</p> <ul style="list-style-type: none"> <li>• the child;</li> <li>• their culture and community;</li> <li>• children’s rights; and,</li> <li>• child development.</li> </ul>	<p><a href="#"><u>Practice Note on Beliefs and Biases</u></a> (2022)</p> <p><a href="#"><u>Reflection Guide on Beliefs and Biases</u></a> (2022)</p>
<p>What are you interested in learning more about?</p> <p>How do children participate in decisions related to their lives in your practice setting?</p> <p>How do you promote children’s rights?</p> <p>What is your understanding of Indigenous Peoples' rights?</p> <p>How does knowing more about the following support your practice?</p> <ul style="list-style-type: none"> <li>• Canada’s colonial history.</li> <li>• First Nations, Inuit and Métis Peoples Rights.</li> <li>• Truth and Reconciliation Commission of Canada Calls to Action.</li> </ul>	<p><a href="#"><u>United Nations Convention on the Rights of the Child</u></a> (1989)</p> <p><a href="#"><u>Rights of Children</u></a> (Government of Canada)</p> <p><a href="#"><u>United Nations Declaration on the Rights of Indigenous People</u></a></p> <p><a href="#"><u>Truth and Reconciliation Commission of Canada: Calls to Action</u></a></p>

You can add your thoughts and reflections in the space below.