**Practice Guideline on Child Development – Section 1**

**Pause and reflect about children as capable and active citizens**

As an RECE, you know childhood is not merely preparation for a time when children will become citizens in adulthood – they are valuable, active citizens now. As part of your own self-reflection or with colleagues, think about your own experiences and how these might influence your practice. Consider how you enhance children’s well-being today, which works toward promoting positive futures.

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| **Think about children’s rights and your image of the child** | **Related resources to support your reflection and practice** |
| Reflect on your image of the child as a capable and active citizen.Consider the interrelated relationships among your beliefs and biases and your image of:* the child;
* their culture and community;
* children’s rights; and,
* child development.
 | [*Practice Note on Beliefs and Biases*](https://www.college-ece.ca/pn-beliefs-biases-home/) (2022)[*Reflection Guide on Beliefs and Biases*](https://www.college-ece.ca/wp-content/uploads/2022/03/Reflection_Guide_for_PN_Beliefs_and_Biases_EN_Final.pdf) (2022) |
| What are you interested in learning more about?How do children participate in decisions related to their lives in your practice setting?How do you promote children’s rights?What is your understanding of Indigenous Peoples’ rights?How does knowing more about the following support your practice?* Canada’s colonial history.
* First Nations, Inuit and Métis Peoples Rights.
* The Truth and Reconciliation Commission of Canada Calls to Action.
 | [United Nations Convention on the Rights of the Child](https://www.ohchr.org/en/instruments-mechanisms/instruments/convention-rights-child) (1989)[Rights of Children](https://www.canada.ca/en/canadian-heritage/services/rights-children.html) (Government of Canada)[*United Nations Declaration on the Rights of Indigenous People*](https://www.un.org/development/desa/indigenouspeoples/wp-content/uploads/sites/19/2018/11/UNDRIP_E_web.pdf)[*Truth and Reconciliation Commission of Canada: Calls to Action*](https://ehprnh2mwo3.exactdn.com/wp-content/uploads/2021/01/Calls_to_Action_English2.pdf) |

**You can add your thoughts and reflections in the space below.**

[Insert your answer]