**Practice Guideline on Communication and Collaboration**

**Pause and Reflect**

If you tend to work by yourself, consider the following reflection questions about how you maintain your communication and collaboration with other educators:

* **Who are the educators in your network that you connect with regularly or that you can reach out to if needed?**

[Insert your answer]

* **What are your strengths in communicating and collaborating with other educators?**

[Insert your answer]

* **What are some areas you would like to improve in?**

[Insert your answer]

* **What resources do you have that support you in these practices? What resources could you seek out to support you?**

[Insert your answer]

* **How can you support others in these areas?**

[Insert your answer]

* **Are there systemic barriers preventing you from communicating and collaborating with other educators (For example, the facility is not set up accordingly or team meetings are infrequent)?**
  + What are ways you can work around these barriers to ensure effective communication and collaboration with other educators?

[Insert your answer]

* **Are there technological solutions that could help improve your communication and collaboration? How so?**

[Insert your answer]