

## Practice Guideline on Communication and Collaboration

## **Pause and Reflect**

Take a moment to reflect on how these scenarios may be similar or different to the families you interact with in your practice setting. While using technology can be beneficial, access is not equal among all families. Reflect with colleagues or independently about how to use technology equitably and inclusively to engage families. In your reflection, consider options for, and/or alternatives to, interacting with families who have barriers to technology.

## A family in your practice setting may:

- · Have access to the internet only on weekends;
- · Have access to the internet and technological devices at home but lack confidence in using them;
- Not have access to the internet or technology for undetermined lengths of time;
- · Be fully competent using technology and have full internet access in their home;
- Have one computer the entire family shares; and/or
- Not have a computer in their home but have a smartphone with internet capability.