

# Practice Guideline on Communication and Collaboration

## Pause and Reflect

Take a moment to reflect on the profession's core set of beliefs and values and your current communication strategies and skills.

- **How do you demonstrate care, respect, trust and integrity when communicating with others?**

- **Are there some skills that you're better at demonstrating than others? Why do you think this might be?**

- **How might you be able to strengthen each ethical value in your communication?**

- **How do you support others in demonstrating care, respect, trust and integrity when communicating?**

- **Additional insights / reflections / comments:**